

Social &

Cultural & Educational

Social & Wellness

Union County Neighbor to Neighbor sponsors and recommends programs, lectures, and other events throughout the year. Some are for members only; others are for members and volunteers; and others are open to the general public. For the latter category, members are encouraged to bring friends and neighbors to the program in order to introduce them to UCN2N.

UCN2N members lead lives of growth and discovery. Visit the UCN2N Facebook Page and website regularly to stay in touch with other members. Those who wish to attend events and programs are asked to call the office at 877.3548262 (during business hours) or e-mail UCN2N at ucn2nohio@gmail.com. Members may also request transportation at the same time.

Examples of Programming can Include:

- **Games and Recreation:** know-your-neighborhood walks, bird-watching, balance-enhancing exercises, group tickets to sporting events, and lessons
- **Long-term Home Care and End-of-Life Planning:** estate planning and wills, living wills and advance directives, housing options long-term care insurance, suggestions for organizing information needed by the person designated to carry out your wishes.
- **Managing Your Health:** medical advocacy, avoiding accidents in the home, emergency medicine, yoga, or using a personal trainer
- **Managing Your Household:** organizing, de-cluttering, and adapting your home for disabilities; arranging for a reverse mortgage; making a photographic history of your house
- **Performing Arts:** discount tickets to theaters and concerts, sing-alongs, talks on opera, film and theater, in-house concerts
- **Literature and History:** book-club discussions, authors' readings, genealogy interest-group gatherings, memoir workshops
- **Cooking and Social Activities:** pot-luck suppers at members' homes, group restaurant visits, gatherings to watch sporting events
- **Museum Visits:** docent-led tours of local institutions, visits to special exhibits

Members are encouraged to start their own interest groups and suggest events that may appeal to the larger membership. Members should contact the UCN2N office with their ideas.



Visit the Union County Neighbor to Neighbor website regularly to stay in touch with other members, news, and upcoming activities and events www.ucn2n.org

